

Parents and Athletes, I hope that this finds you safe and dry after our weather event. I know this has certainly been a very stressful situation for everyone and I know we are ready to get back to some type of normalcy. We look to return to practice this week and I hope to be able to get everyone to race this week on Thursday or Saturday. I have the rosters below and I just need a reply **ONLY** if you **can not** race this week.

For Thursday, we plan to leave the school at 3:45 PM to head to Montgomery HS. On Saturday, we will leave Cy Woods at 5:15 AM to head to Huntsville. I will email out meet information on both meets on Monday and hope to see you at practice this week. Practice this week will be **VOLUNTARY**. If you miss there will be no penalty, but I do hope to see you there so we can get to work on our goals. However, I understand if you can not. Just please communicate with me if you can not attend (cell - 281-413-9027).

We will practice at Cy Woods from 7:30am-9:00am on Mon, Tues, and Wed (**for everyone**). Practice on Thurs and Friday will be from 6:00-7:00 (**only for those not racing on Thursday**), Teachers have meetings on those days starting at 7:30, so we can not practice too long. Again, if you CANNOT race this week, please let me know. Thanks, ~Coach Zarate

REGION III PREVIEW SHSU SATURDAY

Varsity Boys 5K

Last Name	First Name	Gender	Grade
Esposito	Alec	M	12
Deines	Braden	M	12
Spjut	Harlan	M	12
Hernandez	Alec	M	12
Frable	Grayson	M	12
Reeves	Troy Julio	M	11
Mangham	Douglas	M	10
Cook-Adams	Robbie	M	10
Callaway	Jaden	M	10
Montgomery	Merritt	M	11

REGION III PREVIEW SHSU SATURDAY

Varsity Girls 5K

Last Name	First Name	Gender	Grade
Spjut	Lina	F	12
Green	Faithe	F	11
Ameringer	Julia	F	10
Byrd	Amber	F	11
Davis	Naomi	F	11
Davis	Elizabeth	F	10
Garcia	Hannah	F	12
McLeod	Heather	F	10
Hamilton	Elizabeth	F	9
Young	Kelly	F	12

JV Boys 5K

Last Name	First Name	Gender	Grade
Gillespie	Matthew	M	11
Cameron	Ryan	M	12
Johnson	Kaleb	M	10
Kimich	Kyle	M	10
Philpot	Phoenix	M	10
Torres	Xavier	M	10
Bass	Collin	M	10
Escobedo	Ethan	M	10
Cantu	John	M	11
Mori	Roland	M	11

JV Girls 5K

Last Name	First Name	Gender	Grade
Bradley	Elizabeth	F	12
Clasen	Erin	F	10
Al-Almra	Nora	F	10
Trainer	Simone	F	9
Singletary	Karlee	F	9
Balmos	Erica	F	10
Fox	Haley	F	10
Neumann	Paige	F	9
Tabourne	Alexis	F	11
Del Toro	Hannah	F	12
Zhang	Katherine	F	11
Ameringer	Laura	F	12
Cuadra	Yasmine	F	12
Pecher	Hailey	F	11

Moonlight Madness Rosters - THURSDAY**Varsity Boys 5K**

Last Name	First Name	Gender	Grade
Duffie	Sean	M	12
Fowle	Brian	M	12
Johnson	Matthew	M	12
Martin	Ryan	M	12
Tett	Alexander	M	12
Thalassinos	Dylan	M	12
Kim	Tong Joo	M	10
Walla	Cameron	M	10
Cordes	Lance	M	11
Escobar	Daniel	M	11

JV Boys 5K

Last Name	First Name	Gender	Grade
Benson	Xa	M	10
Franklin	Jaime	M	10
Gonzalez	Diego	M	10
Griffin	Justin	M	10
Jandal	Kevin	M	10
Johnson	Thomas	M	10
McPherson	Henry	M	10
Robinson	Jeremiah	M	10
Bray	William	M	11
Chavira	Umaro	M	11
Emery	Jackson	M	11
Goodwin	Kevin	M	11
Jones	Sterling	M	11
Patel	Nikhil	M	11

Freshman Boys 2 Mile

Last Name	First Name	Gender	Grade
Castellano	Caleb	M	9
Coffey	Noah	M	9
Coffey	Nolan	M	9
Cooper	Aaron	M	9
Dunnihoo	Connor	M	9
Gillespie	Antonio	M	9
Gomes	Cruz	M	9
Gonzales	Benjamin	M	9
Griffin	Cooper	M	9
Johnson	Ian	M	9
Lank	Patrick	M	9
Longo	Gianpaolo	M	9
Mejia	Seth	M	9
Myers	Omari	M	9
Nave	Justin	M	9
Shiflett	Jacob	M	9
Thieu	Mason	M	9
Wiehage	Alexander	M	9

Moonlight Madness Rosters - THURSDAY**JV Girls 2 mile**

Last Name	First Name	Gender	Grade
Cordes	Caroline	F	9
Hernandez	Mia	F	9
Long	Madeleine	F	9
Munson	Payton	F	9
Ortega	Bianca	F	9
Thiam	Saratha	F	9
Baker	Grace	F	10
Espino	Julia	F	10
Hartman	Kaitlyn	F	10
Marquez	Jasmin	F	10
Morrison	Myla	F	10
Nguyen	Emily	F	10
Oldner	Savannah	F	10
Ortiz	Sophia	F	10
Smith	Hanna	F	10
Taylor	Grace	F	10
Wagley	Ella	F	10
Watanabe	Reina	F	10
Webb	Madison	F	10
Covington	Claudia	F	11
Dominguez	Maria	F	11
Freeman	Abigail	F	11
Ho	Whitney	F	11
Hoelscher	Clara	F	11
Macedo	Jeanette	F	11
Milburn	Laney	F	11
Morris	Linley	F	11
Regan	Caroline	F	11
Saldana	Jolie	F	11
Shepherd	Courtney	F	11
Stephens	Morgan	F	11

